



"But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law" (Galatians 5:22, 23). "But you shall receive power when the Holy Spirit has come upon you; and shall be My witnesses both in Jerusalem, and in all Judea and Samaria, and even to the remotest part of the earth" (Acts 1:8).

### The Spiritual Man

Some spiritual traits which result from trusting God:



The degree to which these traits are manifested in the life depends upon the extent to which the Christian trusts the Lord with every detail of his life, and upon his maturity in Christ. One who is only beginning to understand the ministry of the Holy Spirit should not be discouraged if he is not as fruitful as more mature Christians who have known and experienced this truth for a longer period.

*Why is it that most Christians are not experiencing the abundant life?*

### Carnal Christians Cannot Experience the Abundant and Fruitful Christian Life

The carnal man trusts in his own efforts to live the Christian life: He is either uninformed about, or has forgotten, God's love, forgiveness, and power (Romans 5:8-10; Hebrews 10:1-25; 1 John 1; 2:1-3; 2 Peter 1:9; Acts 1:8). He has an up-and-down spiritual experience. He cannot understand himself - he wants to do what is right, but cannot. He fails to draw upon the power of the Holy Spirit to live the Christian life. (1 Corinthians 3:1-3; Romans 7:15-24; 8:7; Galatians 5:16-18)

### The Carnal Man

Some or all of the following traits may characterize the Christian who does not fully trust God:



(The individual who professes to be a Christian but who continues to practice sin should realize that he may not be a Christian at all, according to 1 John 2:3; 3:6, 9; Ephesians 5:5).

*The third truth gives us the only solution to this problem*

### Jesus Promised the Abundant and Fruitful Life as the Result of Being Filled (Directed and Empowered) by the Holy Spirit

The Spirit-filled life is the Christ-directed life by which Christ lives His life in and through us in the power of the Holy Spirit (John 15).

- One becomes a Christian through the ministry of the Holy Spirit, according to John 3:1-8. From the moment of spiritual birth, the Christian is indwelt by the Holy Spirit at all times (John 1:12; Colossians 2:9, 10; John 14:16, 17). Though all Christians are indwelt by the Holy Spirit, not all Christians are filled (directed and empowered) by the Holy Spirit.
- The Holy Spirit is the source of the overflowing life (John 7:37-39).
- The Holy Spirit came to glorify Christ (John 16:1-15). When one is filled with the Holy

Spirit, he is a true disciple of Christ.

- In His last command before His ascension, Christ promised the power of the Holy Spirit to enable us to be witnesses for Him (Acts 1:1-9).

*How, then, can one be filled with the Holy Spirit?*

### We are Filled by the Holy Spirit by Faith; Then We Can Experience the Abundant and Fruitful Life Which Christ Promised to Each Christian.

You can appropriate the filling of the Holy Spirit right now if you:

- Sincerely desire to be directed and empowered by the Holy Spirit (Matthew 5:6; John 7:37-39).
- Confess your sins.
- By faith thank God that He has forgiven all of your sins - past, present and future because Christ died for you (Colossians 2:13-15; 1 John 1; 2:1-3; Hebrews 10:1-17).
- Present every area of your life to God (Romans 12:1, 2).
- By faith claim the fullness of the Holy Spirit, according to:
  - His **Command** - Be filled with the Spirit. "And do not get drunk with wine, for that is dissipation, but be filled with the Spirit" (Ephesians 5:18).
  - His **Promise** - He will always answer when we pray according to His will. "And this is the confidence which we have before Him, that, if we ask anything according to His will, He hears us. And if we know that He hears us in whatever we ask, we know that we have the requests which we have asked of Him" (1 John 5:14, 15).

*Faith can be expressed through prayer*

### How to Pray in Faith to be Filled with the Holy Spirit

We are filled with the Holy Spirit by faith alone. However, true prayer is one way of expressing your faith. The following is a suggested prayer:

"Dear Father, I need You. I acknowledge that I have been directing my own life and that, as a result, I have sinned against You. I thank You that You have forgiven my sins through Christ's death on the cross for me. I now invite Christ to again take His place on the throne of my life. Fill me with the Holy Spirit as You commanded me to be filled, and as You promised in Your Word that You would do if I asked in faith. I now thank You for directing my life and for filling me with the Holy Spirit."

*Does this prayer express the desire of your heart?* If so, bow in prayer and trust God to fill you with the Holy Spirit right now.

### How to Know That You are Filled (Directed and Empowered) with the Holy Spirit

Did you ask God to fill you with the Holy Spirit? Do you know that you are now filled with the Holy Spirit? On what authority? (On the trustworthiness of God Himself and His Word: Hebrews 11:6; Romans 14:22, 23.)

Do not depend upon feelings. The promise of God's Word, not our feelings, is our authority. The Christian lives by faith (trust) in the trustworthiness of God Himself and His Word. This train diagram illustrates the relationship between fact (God and His Word), faith (our trust in God and His Word), and feeling (the result of our faith and obedience) (John 14:21).